

Mollie's News

September 2011



Fall programmes for the whole family at the Mollie Nye House

A gathering place for the Lynn Valley Community

Art Classes

Amazing Watercolours



Enjoy the wonderful world of watercolours. Experiment and develop your own unique style using different watercolour techniques and applications, along with individual guidance and demonstrations from Riette Gordon, a talented artist and experienced instructor.

Mondays 7-9pm

Sep 19-Nov 28

Barcode #269337

Painting and Drawing for 7-12 years

Be amazed by hidden talents! Artist and instructor Riette Gordon will help you produce great looking artwork from day one in this fun and creative class.

Mondays 4-5:15pm

Sep 19-Nov 28 Barcode # 269391



How to register

Through northvanrec.com
604 983 6388

At the Karen Magnussen
front desk

or call Gillian 604 987 5820
mollieneyehouse@gmail.com



Chinese Ribbon Dancing

A lively and traditional dance brought to you by Miss Marni's "I Can Dance". Enjoy twirling ribbons, captivating music and strong rhythms. Miss Lily speaks English, Taiwanese and Mandarin.

4-5 years

Saturdays 1:15-2pm

Sep 17-Nov 5 Barcode # 269322

6-7 years

Saturdays 2-3pm

Sep 17-Nov 5 Barcode # 269324





Steady Feet

A Balance and Falls Prevention programme

Reduce the risk of falls

Increase mobility

Improve lower body strength

Feel stronger and more confident about walking



Our certified “Fallproof” instructors will guide you through a specially designed programme which measures and records the progress you make towards feeling stronger and more confident about walking and participating in your favourite activities.

Participants should attend an assessment on Thursday September 8th. Classes start the week of September 12th.

For more details or to schedule an assessment please call Gillian 604 987 5820

mollienye@shaw.ca

Supporting our Community

Mollie Nye and her family before her were dedicated to serving their community and today the staff and volunteers at Mollie Nye House are glad to keep the tradition alive. We offer affordable space for the Chronic Pain and the MS Support Groups for their monthly meetings. The produce from our small community garden benefits the Harvest Project and we act as a drop off point for local residents wishing to donate produce to the Edible Garden Project.

**And for those who are new to Canada or
North Vancouver we invite you to come and
“Say Hello”**

at our friendly weekly gatherings.

Coffee, cookies and friendly conversation will help you practise your English, meet neighbours and learn about your community.

Please join us on Fridays at 1pm, starting on September 9th.

For more information call Gillian on 604 987 5820

or email firstsayhello@shaw.ca

No need to register, just come and say hello



Pause for thought

**A person who never made a
mistake never tried anything new.**

Albert Einstein



Mollie Nye House will be closed
on Monday September 5th for
the Labour Day Holiday

Parties at the Mollie Nye House

You can rent the house for your own special family occasion in our charming heritage house



Variety of rooms
Plenty of free parking
Built in AV system
Kitchen facilities
Central location
Transit stops right outside the door



We also offer a variety of themed children's parties:

Choose a theme for one hour of entertainment followed by an additional hour for games, food and present opening

Magic, Mad Science, Balloon Twisting, Princess Fairy

*For more details call Gillian 604 987 5820
mollienyehouse@gmail.com*

Unique meeting spaces

You can book our meeting rooms by the hour for presentations, seminars and business meetings

Room capacity from 5-50 people
Wireless internet , AV system
A blend of privacy and charm
Central location and easy parking
*Contact Gillian for rates and availability
604 987 5820 mollienyehouse@gmail.com*



Lend a helping hand

At this time of year our lovely garden is in need of some TLC... dead heading, weeding and general tidying. Drop by any time 10am-4pm... tools and gloves provided.

Or just call and speak with Donna or Gillian if you would like to help, but not sure with what! With just 2 staff members we can always use an extra pair of willing hands.

If you have an idea for a programme that you would like to see or that you can teach at the Mollie Nye House please contact Gillian: mollienyehouse@gmail.com 604 987 5820

*Mollie's News: The newsletter of Mollie Nye House
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mollienyehouse@gmail.com www.mollienye.com*

This historic house is owned by the District of North Vancouver and, following the tradition set by Miss Mollie Nye and her parents before her, the house is now a gathering place for the community right in the heart of Lynn Valley. Offering a wide variety of programmes and special events, the house is also available to rent for any occasion.

We are open Monday- Friday 10am-4pm Drop in and check us out.

To receive this newsletter via email, send a note to mollienyehouse@gmail.com